

Choosing a Sponsor

You will have the opportunity to choose a sponsor whose role is to accompany you through this preparation period and continue to encourage you in practicing your faith following Confirmation. You may choose one of your baptismal Godparents to emphasize the unity of Baptism with Confirmation. However, you may choose another suitable sponsor.

It is the very ancient custom of the Church that at the celebration of the sacrament of Baptism or Confirmation, a godparent/sponsor is present. The function of the godparent/sponsor is: A) together with the celebrant who baptizes or confirms, to represent the Church in receiving the person into the communion of the Catholic Church, and B) to support the person in living the Catholic Christian life. In accordance with Canon 874 of the Code of Canon Law, the Church can admit a person to the role of a sponsor if:

- 1) He or she is more than sixteen (16) years of age and free of any canonical punishment.**
- 2) Is a baptized Catholic who has been Confirmed and received Holy Communion, and who lives a life which befits the role to be undertaken**
- 3) Is neither the father nor the mother of the person. (If the sponsor is unable to attend, a parent may proxy for him/her.)**
- 4) Be Suitable for this role and have the intention to fulfill it.**

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Take some time to prayerfully seek guidance from the Holy Spirit in choosing a suitable sponsor. Ask your parents and other adults whom you trust to assist you in this important selection process.

It is highly recommended to meet with your sponsor during the preparation period. Your Confirmation Sponsor is free to attend any classes with you but is not required. Sponsors are required to attend the Confirmation Retreat.