

Practice Reconciliation

(Begin with the sign of the Cross) **In the name of the Father and of the Son and of the Holy Spirit**

(Opening Prayer) **Bless me Fr., for I have sinned. This is my first confession and these are my sins.**

- **I made a bad choice and disobeyed my parents**
- **I was mean to my classmates in school by not wanting to share toys on the playground**
- **I fought with my brother/sister at home**
- **I didn't do my chores at home and lied saying that I did**

(At this time Fr. Paul will offer you advice on how to make better choices and then give you PENANCE, which is usually prayers or kind acts that he wants you to do to show that you are truly sorry for sinning)

Act of Contrition: I am heartily sorry for having offended you. And I detest all my sins because of your just punishments. But most of all because I have offended you my God, who art all good and deserving of all my love. I firmly resolve with the help of your grace, to sin no more and to avoid the near occasion of sin . Amen.

(Note: if you have another version memorized or your family wants you to know a different version please do so😊)

Fr. Paul will say: Through the ministry of the Church may God give you pardon and peace and I absolve you of all your sins in the name of the Father and of the Son and of the Holy Spirit. Your sins are forgiven, go in peace!